

# People in Place

EDUCATION REFLECTIONS

**ShawContract**<sup>®</sup>





"Everyone makes mistakes. That's why there is an eraser on every pencil." - JAPANESE PROVERB



# "Together, we can shape a brighter future for our students..."



Want to learn more about each reflection? Scan here to dive deeper into our interactive Reflections book. As we reflect on the past year, many experiences have impacted our outlook on education environments - past, present, and future. This guide is a digest of findings from conferences, research, and conversations with many of you - educators, administrators, influencers, and passionate individuals committed to elevating education design.

We hope that this comprehensive resource, born from our collective knowledge and experiences, serves as a catalyst for meaningful discussions, collaboration, and a passion for transformative education, highlighting challenges while exploring possibilities for positive change and innovation. Together, we can shape a brighter future for our students, empowering them with the necessary knowledge, skills, and opportunities to thrive in an ever-changing world.

We are grateful for your support and involvement in this endeavor. Your partnership inspires us, ultimately influencing the products and solutions that we provide as a flooring manufacturer. It is through our collective efforts that we can move towards creating more equitable, inclusive, and innovative solutions that benefit all learners.



## At Shaw Contract, we design solutions that positively impact people and planet.

We know learning environments influence and play a vital role in the development of our children. These spaces unite us. They provide a foundation for the future of our communities. Together, we have a responsibility to create spaces that support a feeling of safety, belonging, and familiarity. A place where everyone counts.



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Resources

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# School Today

Defining the current state of education is the first step in creating a brighter, better future for people and the planet.

# U.S. Schools

### REFLECTION NO 1

# **Define: The Purpose of Education**

Education serves as a transformative vehicle, empowering individuals and shaping society to foster intellectual growth, critical thinking, and civic engagement. With the primary objective of equipping learners with knowledge, skills, and values, the purpose of education extends beyond the ability to retain information. It seeks to cultivate well-rounded individuals who can navigate a complex world, contribute meaningfully to their communities, and embrace the principles of democracy, innovation, and lifelong learning. By nurturing curiosity, fostering creativity, and promoting inclusivity, education across the world has the power to unlock human potential, bridge socioeconomic gaps, and pave the way for a prosperous and just society.



There are 13,318 school districts in the U.S.

128,961 Public and Private K-12 Schools

# 90,922 Traditional Public Schools

# 30,492 Private Schools

Public Charter Schools 7.547

REFLECTION NO 2

# **Population Growth**

Changing population dynamics impact schools, leading to challenges in classroom capacity and overcrowding. As populations grow, schools face the need for larger, more costly buildings which escalates operational expenses. Overcrowded classrooms hinder individual attention and effective teaching. Understanding the effects of population growth on education is crucial for effective management and ensuring quality education for all.

# 5.4% of all students are home-schooled



# **Largest School Districts**

Top 5 largest school districts by student enrollment in the U.S.

- 1. New York City, NY 956,634
- 2. Los Angeles Unified, CA 483,234
- 3. Chicago, IL 347,484
- 4. Miami-Dade County, FL 347,307
- 5. Clark County, NV 328,991





# State of Our Schools Report

From the 21st Century School Fund, the International WELL Building Institute and the National Council on School Facilities



Education Infrastructure Profile by State



← View Here



NO 5 REFLECTION

# The CEO

Superintendents have faced unprecedented challenges, from COVID-19 related obstacles to divisive education issues, often leaving them isolated. Today, they shift to proactive communication with positive, community-centered messages and aim to engage under-represented stakeholders. They view these challenges as opportunities to reimagine education, address systemic inequities, and foster authentic public engagement. They need resources, coaching, and peer support to aid these efforts, as their roles are demanding and leadership resignations would be detrimental to the education system. Collaboration with peers is essential for overcoming obstacles and staying committed to all students.

# **Teacher Retention**

# Introducing New Challenges Nationwide

Teacher shortages have resulted in increased class sizes, exacerbating the issue of educator burnout and further perpetuating the cycle of teachers leaving their positions. Larger classes place additional burdens on teachers, such as heavier grading loads, limited time for individual attention, and heightened stress levels. A 2022 survey conducted by the Maryland State Education Association revealed that three out of five members expressed a greater likelihood of continuing to teach if class sizes were smaller. The American Federation of Teachers advocates for the advantages of smaller class sizes, which include more personalized instruction, improved academic performance, and reduced behavioral issues.

REFLECTION NO 7

# Number of Teachers in the U.S. There are approximately 4 million teachers in the United States. Teachers account for about 2.5% of the working population.

160,316,320\* U.S. Working Population



# Enrollment

Students in Millions

**2.7m** Asian

# 22.4m White

**14.1m** Hispanic

> 2.3m Two or more races

# 0.5m

American Indian/ Alaska Native



# **7.4m** Black

# Overview of School Behaviors in 2022



REFLECTION NO 10

# Generation Z, Also Known as Zoomers

Born between **1997** and **2012** 

Makes up **70 million** of the population

### 40%

of United States voters

## 52%

of high school students were 'excited' to return back post 2020 school year

### Zoomers

do not believe their educational experience will adequately prepare them for life after graduation

## 64%

of students that are classified in the socioeconomic status of upper class feel prepared for life after graduation

Gen Z are **2x**as likely to battle depression



# Time to Reflect

How can we explore opportunities for growth and development to better understand and appreciate the distinct strengths in each generation?

How do today's environments cater to the diverse needs and perspectives of leaders, teachers, and learners alike?

With the number of students per classroom increasing, how can the spaces we create best support teachers and learners?







Integrating physical and digital elements can have a transformative impact on teaching and learning.



Physical

REFLECTION NO 11

# **Quality of Learning Spaces**

The environment in which children are educated - including factors such as air quality, acoustics, and overall maintenance - has a significant impact on their behavior, attendance, memory, and academic success. In addition, it is important to note that school buildings don't only affect students; they also have an impact on educators. The quality of school facilities has been linked to teacher retention. It's essential for school administrators, custodians, staff, and volunteers to work in safe and comfortable environments. Considering the pivotal role schools play as community hubs, the quality of their buildings has a profound effect on society at large.





# **Comfort in the Classroom**

Comfort in the classroom positively impacts learners by promoting focus, engagement, and concentration. The comfort of a classroom goes beyond paint color and quality flooring; flexible furniture, proper lighting, and temperature control reduce physical discomfort and alleviate stress, creating an optimal setting for active participation and effective learning.

REFLECTION NO 13

# **Transforming Obligation** into Opportunity

Shifting our mindset transforms learning into an adventure filled with growth, inspiration, and excitement. Creating a space that empowers students to take effort of teachers, caregivers, and students themselves. Classrooms can ignite

REFLECTION NO 14

# **Flexible & Scalable**

adapt to the changing needs and pedagogical approaches of modern education. By incorporating scalable and adaptable features, schools can accommodate different teaching styles, subject areas, and technology integration. This promotes student engagement, innovation, and educational growth, while reducing the need for costly renovations. Embracing flexible providing optimal conditions for evolving educational practices.



# Three Facets of Whole-Body Learning

Embracing the concept of whole-body learning can transform classrooms into supportive spaces that go beyond traditional, passive learning methods. Incorporating elements that encourage physical activity, interaction with the subject matter, and sensory stimulation enhances cognitive processing and deepens understanding. This approach fosters creativity, critical thinking, and problem-solving skills while also promoting physical health.

Passive learning is a method of learning or instruction where students receive information from the instructor and internalize it. It is a method "where the learner receives no feedback from the instructor." The term is often used along with direct instruction and lecturing, with passive learning being the result or intended outcome of the instruction.

# **Freedom to Play**

Providing flexibility and empowering children to make choices can serve as wordless approval for play. It is important to ensure that learners have the necessary space, autonomy, and support for meaningful play experiences.

### REFLECTION NO 17

# **Restricting Play**

Be mindful - the freedom to play can inadvertently be revoked through restrictions on how a child sits or utilizes space, silently impeding their play opportunities. The decline in play freedom can have detrimental psychopathological effects on children including impaired social skills and decreased creativity.





Mental health depends on our ability to satisfy three basic psychological needs—autonomy, competence, and relatedness. The logic underlying this is straightforward; to feel in charge of our life, we must feel free to choose our own paths (autonomy), feel sufficiently skilled to pursue those paths (competence), and have friends and colleagues for support, including emotional support (relatedness).



Whole-Body Learning Design Pattern by Fielding International

# **Nature is Necessary**

Studies have shown that students who learn outdoors develop: a sense of self, independence, confidence, creativity, decision-making and problem-solving skills, empathy towards others, motor skills, self-discipline and initiative.

When we integrate nature with the interiors of our learning spaces, the design inspires curiosity, nurtures well-being, and contributes to holistic learning practices. Fostering natural environments has been found to reduce stress levels and enhance attention span.

### REFLECTION NO 20

# **Outdoor Learning**

Outdoor classrooms present a cost-effective solution for expanding school capacity. Instead of immediately transitioning all activities outdoors, schools can begin by utilizing outdoor spaces for meals, after-school programs, or music classes. This approach allows for a gradual integration of outdoor learning. Furthermore, the economic investment in outdoor spaces can be flexible, accommodating various budgets and needs.



REFLECTION NO 21

# **Active Learning**

Active learning significantly impacts students' experiences by placing them at the center of the learning process. With enhanced engagement, collaboration, and critical thinking, these dynamic environments encourage active participation, personalized learning, and the development of essential 21st-century skills. Students become active contributors to their education, developing a deeper understanding of the curriculum and equipping them for success in an ever-changing world. Virtual & Digital

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REFLECTION NO 22

# Coding: A Form of Art

Like artists, coders utilize their creativity and problemsolving skills to design intuitive user interfaces and push the boundaries of what is possible. Ultimately, coding merges technical expertise with an artistic mindset, resulting in digite masterpieces that inspire, challenge, and shape our world. Try out coding



# **Artificial Intelligence**

# SC SHAW CONTRACT

# What is ChatGPT?

# СНАТБРТ

ChatGPT is a conversational agent based on the GPT (Generative Pre-trained Transformer) architecture. Developed by OpenAI, it's trained to generate humanlike text based on the input it receives. It can assist with a wide variety of tasks, from answering questions and providing explanations to engaging in casual conversation.

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Message

REFLECTION NO 24

# Time Taken to Reach 1M Users

Netflix   3.5 Years
Kickstarter   2.5 Years
Airbnb   2.5 Years
Twitter   2 Years
Foursquare   13 Months
Facebook   10 Months
<b>Dropbox</b>   7 Months
<b>Spotify</b>   5 Months
Instagram   2.5 Months
<b>ChatGPT</b>   5 Days
reflection NO 25 Educators Weigh In on 43%
of educators feel the program will make their jobs more difficult.



# ChatGPT

# 6/10 teachers predict it will make their lives easier.



I feel that social media has had more of a negative impact on the social interaction of today's learners. **Ever since the COVID** shutdown, our students have had a hard time adjusting back to a face-to-face interaction with their peers. They became too accustomed to using social media to communicate and interact with one another.

Dr. Wes Dickey

RED TOP MIDDLE SCHOOL PRINCIPAL CARTERSVILLE, GEORGIA



# **Students & Social Media**

54% of teens say it would be hard to give up social media.

Social media has revolutionized information accessibility and connectivity, profoundly impacting students' lives. It offers unprecedented access to information, breaking down barriers and enhancing learning opportunities. However, the ever-changing landscape of social media poses challenges in navigating the vast amount of content. Educators must recognize the significance of social media in students' lives and find ways to leverage its potential for meaningful educational engagement. By embracing social media responsibly and thoughtfully integrating it into the learning process, educators can create a dynamic connection with students and a positive impact on their academic journey.



# 2022 Teen Online Landscape



REFLECTION NO 28

# Is It Really Socializing?

While social media has become a pervasive part of teenagers' lives, its impact on their mental well-being and interpersonal connections is raising concerns. Experts have found that increased smartphone and social media usage correlates with higher anxiety levels and decreased satisfaction with life. Many teens are substituting virtual interactions for face-to-face communication, leading to a sense of loneliness and isolation. Educators are grappling with the effects of social media on student mental health and stress levels. Despite being an effective teaching tool, educators are alarmed at its potential to exacerbate anxiety and depression among students. Building awareness and providing resources to help students navigate the pressures of social media is essential to foster a healthier digital environment and promote positive well-being in schools.

# **Enhancing Engagement**

REFLECTION NO 29

# **Immersive & Interactive**

The metaverse plays a significant role in transforming public education by creating immersive and interactive learning environments. As an interconnected virtual world, the metaverse offers opportunities for collaborative learning, global connectivity, and experiential education. Students can explore virtual simulations, historical reconstructions, and interactive lessons, fostering engagement and deeper understanding. The metaverse also enables educators to personalize learning experiences, adapt content to diverse learning styles, and provide real-time feedback. Through virtual classrooms and social interactions, students can connect with peers and experts from around the world, promoting cultural exchange and global citizenship. The metaverse has the potential to revolutionize public education by enhancing accessibility, fostering creativity, and preparing students for the digital future.



– Learn about Nen Technology

# Metaverse -

Over 400M monthly active users



### REFLECTION NO 31

# **Users' Preferences for Spending** Their Time in the Virtual World



51% of the metaverse user base is 13 or younger.

world in the

Blended

NO 33 REFLECTION

# **Ability to Personalize**

A 2021 study shows the majority of teachers (57%), principals (65%), and administrators (73%) think digital learning tools are more effective than non-digital tools for personalizing instruction and engaging students with school and learning.

REFLECTION NO 34

# **Best of Both Worlds**

# Benefits of in person learning

social and emotional connection and development

access to facilities and resources

networking

NO 35 REFLECTION

# Life is Infused

Ubicomp (ubiquitous computing) stands in contrast to virtual reality, as it brings computers out into the real world rather than immersing people in computer-generated environments. This concept envisions the physical environment as the fundamental infrastructure for creating smart homes, campuses, and smart cities. It revolves around the idea that any item, from clothing and tools to appliances and vehicles, as well as homes and even the human body, can be equipped with chips to connect seamlessly to an expansive network of interconnected devices.

REFLECTION NO 32

# **Blended Learning**

Blended learning model courses have proven to be more engaging for students of all agesfrom elementary school to higher education. In fact, a study by the Center for Digital Education found 73% of educators who utilize this model saw an increase in student engagement.

99%

33%

9% offer hybrid learning



flexibility

accessibility







How might we enhance the benefits associated with nature and virtual reality within the built environment?

How can we strike a balance between providing guidance for play and allowing students the freedom to explore and create on their own terms?

# Time to Reflect

How can we leverage the power of social media and the metaverse to motivate students to learn?





# Wellness

The physical, mental, and emotional well-being of students, educators, and staff within educational institutions. It encompasses a holistic approach to creating a supportive and healthy learning environment that fosters the overall well-being of all individuals involved.

# Community Inside Schools

When schools, parents, caregivers, families, and communities work together to support learning, students tend to earn higher grades, attend school more regularly, stay in school longer, and enroll in higher level programs.

### REFLECTION NO 37

# Belonging

Fostering a sense of belonging in the learning environment is crucial for students' well-being and academic success. It goes beyond a mere human need; it has profound implications for physical and mental health. Belonging positively impacts sleep quality, cognitive functioning, mental wellness, academic performance, and even long-term outcomes like career satisfaction and community engagement. To create a sense of belonging, educators must nurture competencies like communication skills, cultural identity development, and valuing students' prior knowledge. They should provide opportunities for students to practice belonging through group dynamics, inclusive physical spaces, and flexible scheduling. By prioritizing belonging, educators can establish inclusive and supportive environments that optimize students' well-being and learning experiences throughout the year.

# Intersectionality

9

11

10



12

8



city	3	Gender Identity
uage	6	Religion
ality	9	Mental Health
ation 1	2	Body Size

Illustration inspired by artwork from @sylviaduckworth



If we are to achieve a richer culture, rich in contrasting values, we must recognize the whole gamut of human potentialities, and so weave a less arbitrary social fabric, one in which each human gift will find a fitting place.

Margaret Mead

Physical & Emotional Health

REFLECTION NO 38

# Mental Health & Academic Success

The interplay between mental health and academic achievement is a two-way street. Mental health challenges can hinder learning, while academic struggles can negatively impact mental well-being. However, positive mental health and academic success can also mutually reinforce one another. When students experience support and success in their educational journey, it boosts their self-esteem, emotional well-being, and overall mental health, leading to improved school performance.







# **Differences Not Deficits**

People experience and interact with the world around them in many different ways; there is no one "right" way of thinking, learning, or behaving, and differences are not viewed as deficits.

REFLECTION NO 40

# Individuality

Creating a classroom environment that nurtures students' individuality is a fundamental aspect of effective teaching. Recognizing and valuing their distinct strengths, interests, and abilities empowers students, building their confidence and engagement in learning.

# **Behavior is Communication**

When individuals, especially children, exhibit challenging behaviors, it is essential to recognize that their actions are conveying important messages. Understanding the messages behind challenging behaviors, especially in those with sensory issues, is crucial. Sensory issues can lead to frustration, anxiety, or overstimulation, resulting in challenging behaviors as a way to cope with overwhelming sensations. By acknowledging the role of sensory processing in behavior, we can design spaces that support sensory needs and foster a more positive and nurturing environment.



Safety

# Sense of Belonging

A study by HKS states:

REFLECTION NO 42

# **Social & Emotional Safety**

Creating a safe and conducive learning environment is about physical security and emotional safety. Social-emotional learning (SEL) can help students recognize and manage their emotions, build empathy, and establish positive relationships. Daily lessons and interactions focus on core competencies like self-awareness, self-management, social awareness, relationship building, and responsible decision-making. These skills are not confined to the classroom but are practiced throughout the school, creating a climate characterized by kindness, respect, and collaboration among students and staff. The concept of a sense of belonging is crucial in a school environment as it resides at the intersection of social, emotional, and physical safety, forming the safety triad. When students feel a strong sense of belonging, they experience a deep connection to their school community, fostering overall well-being, academic engagement, and positive social interactions. By prioritizing and cultivating a sense of belonging, schools can create an inclusive and supportive environment where students thrive. **#**spacetobelong



# **Physical Safety**

In 2019, 21.6% of students reported feeling satisfied with their safety at school, compared to 76% of educators and 35% of parents.

**76%** Educators

**35%** Parents

**21.6%** Students

# **Digital Safety**

With technology playing a larger role in education, prioritizing safe internet usage is essential. Children face risks like cyber-bullying, exploitation, and exposure to inappropriate content. Recognizing the importance of online safety, programs that promote safe technology use can greatly impact students' mental health and well-being.

### REFLECTION NO 46

# **Finding Balance**

The debate between transparency and potential distraction in school design revolves around the advantages and disadvantages of features like glass walls and open spaces. While interior glazing promotes passive supervision and safer environments, concerns arise regarding student privacy and distractions. Finding a balance is crucial. Using transparent upper portions of walls or providing areas of refuge within classrooms are great examples. Ultimately, schools should prioritize connectedness, create intimate learning spaces, and strike a balance between safety and their core mission of education and inspiration for future generations.





# Let Kids Be Kids

Allowing children to embrace their natural curiosity and enjoy their educational journey is crucial. By implementing discreet security measures and equipping teachers and administrators with effective tools, architects can create a safe and secure learning environment where students can freely explore, learn, grow, and socialize without the burden of constant vigilance.

REFLECTION NO 48

# **Security Without Physical Barriers**

Cultures of trust within schools build environments where bars on doors and windows, symbols of the school-to-prison pipeline, are replaced with open spaces that promote safety, inclusivity, and positive educational experiences for all students.





What role can school policies and programs play in promoting safety, reducing the need for physical security measures?

How do we ensure that the learning environment is inclusive and accommodating for students with diverse social and emotional needs?

# Time to Reflect

What design elements and strategies can we implement to foster a sense of community among students and staff?





# People + Planet

When we talk about sustainability we join the causes of people and planet together, social and environmental concerns combined. Sustainability is what unites us. It is our foundation and our purpose: our equal rights, our shared experience, our hopeful future. It is the air we breathe and the earth we stand upon. Material Health

### REFLECTION NO 49

# Indoor Air Quality

When a room is better ventilated, influenza rates, asthma attacks and absenteeism go down, reading and math test scores go up. Less carbon dioxide builds up in a room, which helps students think more clearly.

Ventilation is a vital aspect of indoor air quality and can be achieved through mechanical systems, like HVAC, or naturally, by opening windows and doors. Natural ventilation is influenced by factors like wind and temperature disparities. However, outdoor air often requires energy-intensive treatment before indoor introduction. The cost of outdoor air ranges from a few dollars to \$10 per person annually, with substantial benefits. Studies indicate that under-ventilated schools correlate with increased infection transmission, asthma exacerbation, and cognitive/health impacts. Classroom under-ventilation in the U.S. is a common issue, attributed to installation issues, deferred maintenance, and energy-saving attempts.





# **Ingredients Matter**

By prioritizing proactive measures to address harmful chemicals, schools can create healthier environments that protect the well-being and academic success of both students and the dedicated teachers and administrators. It is essential to recognize that children are particularly vulnerable to the risks posed by these substances due to their developing bodies and behaviors. Exposure to hazardous chemicals can result in respiratory issues, poor academic performance, and increased absenteeism. By selecting environmentally-friendly products and implementing effective chemical



← A deeper look at material health

# Sustainable Movements



# Youth Councils

Youth councils across America are taking a strong stand on environmental and climate justice, recognizing the urgent need to address these pressing issues for the well-being of present and future generations. By engaging in advocacy, education, and community action, youth councils are driving positive change and amplifying the voices of young people in the fight against environmental degradation and climate change.

REFLECTION NO 52

# Aspirational Meets Attainable

Striking the right balance between aspirational and obtainable sustainability goals is necessary for driving meaningful change. While ambitious aspirations inspire innovation and progress, they must be supported by practical steps that are achievable. By setting sustainability goals that are both aspirational and obtainable, communities and individuals can foster a sense of purpose and motivation while ensuring tangible progress towards a sustainable future.



Circularity

# Zero Waste Hierarchy 8.0



REFLECTION NO 53

# Zero Waste

Zero Waste is a holistic approach that aligns with environmental stewardship and education. It emphasizes fundamental change by designing products with reuse and recycling in mind, eliminating waste subsidies, and holding manufacturers accountable for product lifecycles. Schools embracing this vision prioritize recycling and composting to reduce landfill waste, reduce purchasing practices, and promote waste-free lunches. However, to achieve true zero waste, educating the school community, ensuring proper waste segregation, and addressing the challenges of mislabeled "compostable" materials is essential.

Rethink/ Redesign

Reduce

Reuse

Recycle/ Compost

Material Recovery

Residuals Management

Unacceptable



# **Practicing Circularity**

To foster a sustainable future, the education system must transition from lecture-based approaches to participatory learning experiences focused on sustainable consumption and production. By incorporating real-life examples and creative projects into the curriculum, students can develop a deep understanding of their impact on the environment and society.

REFLECTION NO 56

# **Construction Waste**

The commercial construction industry accounts for 39% of energy-related carbon dioxide emissions annually.

REFLECTION NO 57

# **Landfill Diversion**

In 2018, the Environmental Protection Agency (EPA) estimated 3.4 million tons of municipal solid waste (MSW) was generated from carpets and rugs. The report further stated that 73% of the 3.4 million tons were landfilled.



3.4m tons solid waste

REFLECTION NO 54

# **Today's Convenience Culture**

On average, a student who brings a packed lunch generates around 67 pounds of waste each school year. While the convenience of prepackaged, kid-sized products may save caregivers time, it comes at an economic and environmental expense due to the additional waste produced. Moreover, the production of these items utilizes finite resources, contributing to the accumulation of waste in landfills.



The weight of of municipal = 141,828 average size school buses Carbon

REFLECTION NO 58

# **The School Bus Impact**

The school bus is more than a form of transportation. It is a place of community that supports social development, fosters relationships, and increases the likelihood of a safe arrival at school. School bus ridership saves:

Over 17 million cars from joining the daily commute.

More than 2.6 billion gallons of gasoline per year.

20 million tons of CO<sub>2</sub> emissions.



REFLECTION NO 59

# **Zero-Emission & Low-Emission**

With funding from the Bipartisan Infrastructure Law, the EPA's new Clean School Bus Program provides \$5 billion over the next five years (FY 2022-2026) to replace existing school buses with zero-emission and low-emission models.





How are the values of today's generation of learners driving sustainability movements in your community?

How do you play a role in landfill diversion in your everyday life?

# Time to Reflect

What measurables are you using to ensure products used in schools are safe for the people and the planet?





# Design

A well-designed education space can enhance engagement, motivation, and the overall effectiveness of learning. An intersection of aesthetics and functionality, thoughtfullydesigned spaces help support learners' needs.



# Materials

REFLECTION NO 60

# Snoezelen

The magic of a Snoezelen room lies in its ability to empower students and foster independent exploration. Unlike traditional classrooms, Snoezelen rooms provide a space free from instruction, allowing students to freely interact with the environment and discover at their own pace. With a wide range of customizable objects and settings, each experience in the room becomes unique and engaging. While not a formal treatment or therapy, the Snoezelen room serves as a sensory spa, offering students a chance to relax, recuperate, and make choices that directly influence their sensory sensitivities. Extensive research supports the transformative effects of Snoezelen sessions, highlighting the positive impact on behavior and subsequent activities.



Snuffelin: Dutch for Explore + Doezelen: Dutch for Relax = Snoezelen

# The Invisible Reason Johnny Can't Read

Poor classroom acoustics create a negative learning environment for many students, especially those with hearing or learning difficulties. Acoustical conditions in many classrooms are unsuitable for tasks such as learning to read, listening, or understanding unfamiliar material. Poor classroom acoustics are frustrating for both students and teachers. Excessive noise and reverberation in many American classrooms can cause up to 25% of information to be missed, impeding effective learning and comprehension.

Deficits in reading and language skills due to poor classroom acoustics are cumulative; the effects of poor classroom acoustics on young students can be devastating.



Sources of classroom noise include:

O1: Interior equipment such as the fans in overhead projectors and computers.
O2: Poorly insulated walls, ceilings, or floors.
O3: Exterior sources such as corridor traffic and playground interactions.
O4: Interior noise such as heating, ventilating and air conditioning (HVAC).



# **Sensory Play**

Engaging a child's senses through activities like playing with slime, riding a bike, or listening to music has multifaceted benefits. It promotes language and motor skills, fosters cognitive growth, encourages social interactions, and sparks experimentation. Moreover, sensory materials and activities target two senses often overlooked- proprioception and vestibular. Our proprioception sense helps us know where body parts are relative to one another and tells us how much force we need to exert when holding or lifting objects. Our vestibular sense allows us to maintain balance as we move.

Creating an environment where children can explore all their senses supports the development of neural connections in their brain pathways. This, in turn, aids children in successfully tackling more intricate tasks. REFLECTION NO 63

# Patterns are Everywhere

Learning environments provide a platform to teach pattern in many ways. By incorporating repetitive schedules, consistent directives, or using a repeated arrangement of shapes and colors to navigate spaces, patterns offer direction without explicit instructions. Repetitive patterns play a significant role in the cognitive development of children, including critical thinking and logical skills.

Color

REFLECTION NO 64

# **Color Generates Interest**

Color influences the learning process and how a learner responds in the space - thoughtful color schemes can transform a dull atmosphere into an engaging and stimulating one, positively impacting academic achievement and reducing absenteeism. However, it is important to strike a balance, as too many colors can overwhelm students. By incorporating colors strategically, such as using warm tones to promote creativity and enthusiasm or cool tones to induce calmness and relaxation, classrooms can create an environment that supports student well-being and enhances the learning experience.



# **Color Theory**

The psychology of colors.



REFLECTION NO 66

# **Color's Connection to Memory**

From an early age, children link colors with meanings and ideas, forming the foundation of their comprehension of the world. For instance, they grasp the progression of banana ripeness from green to yellow to brown. This familiarity with the color spectrum allows us to interpret significance and outcomes, playing a crucial role in our early learning experiences. Educators can strategically use color as an active participant in shaping cognitive abilities.

REFLECTION NO 67

# **Color Vision Deficiency**

For color-normal students and teachers, color is an important and useful tool. However, for colorblind learners, it can create challenges that undermine their confidence and ability to learn causing frustration and even anger.

Color Vision Deficiency affects 1 in 12 boys, or 1 in 200 girls essentially one student in every classroom. While people with normal color vision see over 1 million shades of color, the color blind only see an estimated 10% of hues and shades. Since 80% of information is conveyed visually, it is important that we don't rely on color alone.



**Perceiving Colors** 

Inability to **Perceive Colors**  **Design for All** 

REFLECTION NO 68

# Equitable Opportunity

Designing without considering the specific needs of learners leads to a one-sizefits-all approach that excludes certain individuals. By neglecting equity in design, we unintentionally create exclusivity, limiting access and hindering inclusion.



REFLECTION NO 69

# **Mental and Emotional Healing**

Recognizing the significant influence of stress on learning and well-being, schools must prioritize holistic support within their facilities. Learning environments should go beyond mere educational spaces, transforming into restorative havens that offer safety, personalized care, and access to counseling and mentoring services. By considering the unique challenges and stressors faced by students and staff, design strategies can prioritize health and wellness in the learning environment from the onset.

# **Everybody Counts**

In 2021-2022, 7.3 million students between ages 3 and 21 received special education services under the Individuals with Disabilities Education Act (IDEA).



REFLECTION NO 71

# Autism Spectrum Disorders (ASD)

# 1/59

U.S. children is estimated to have ASD.

**\* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \* \*** 

mainstream school are a constant lights (a particular source of visual and auditory stress for people on the autism spectrum), bells ringing, people bumping into each other, the smells of cleaning products and so on. For anyone with the sensory hyper-sensitivities and processing problems typical of an autistic spectrum condition, the result is

Clare Sainsbury AUTHOR

- "The corridors and halls of almost any tumult of noises echoing, fluorescent that we often spend most of our day
  - perilously close to sensory overload..."



# **Enhance the Human Experience**

Neuroarchitecture revolutionizes the way we design spaces by prioritizing the emotions, healing, and happiness of the users.

By incorporating subjective factors such as emotion, well-being, and happiness alongside technical parameters, architects can create environments that positively impact people's experiences. Through advancements in neuroscience and technology, we can now measure and understand how elements like shapes, colors, and scale influence human perceptions. This deeper understanding allows us to design spaces that evoke positive emotions, enhance well-being, and create memorable experiences. The integration of neuroscience and architecture creates endless possibilities for designing spaces that truly connect with and enhance the human experience.

# Time to Reflect

How can interior finishes harmoniously combine acoustics, color, patterns, and sensory elements to create a balanced environment?

How can we incorporate repetitive patterns into educational environments effectively?

How can we ensure equitable opportunities in design while considering the needs of individuals with vision deficiencies? What are some best practices we should consider?





# Inspiration

The process of being mentally stimulated to do or feel something. Inspiration takes on diverse forms when creating a space that is conducive to learning, creativity, and well-being; kindling a passion to enhance the educational experience, contribute to the success and satisfaction of both students and educators while empowering the next generation.

# The Impact of Classroom Design

Research completed in the U.K. suggests the impact of building design on human performance and well-being in general can be isolated and that it is non-trivial.

In this particular case, the naturalness design principal accounts for around 50% of the impact on learning, with stimulation and individualizations accounting for roughly a quarter each. Within this structure, the seven key design parameters explain 16% of the variation in pupils' academic progress achieved.

# 27 Schools



# 25% Stimulation

Color and complexity

**50% Naturalness** 

Light, temperature, air quality

# 153 Classrooms





Ownership and flexibility

# Focus on the Positive

We can create inclusive and empowering environments by emphasizing and building upon the strengths, talents, and resources within a community. This approach fosters a sense of value, resilience, and collaboration, unlocking the full potential of individuals and fostering thriving communities.

# The budget won't allow for that

Billable hours don't allow for ample research time

They will never let me try something that different

The specification calls for outdated material I can leverage my industry partners to identify a solution that delivers a quality alternative

I can leverage connections and technology to help gather the insight I need

I can share some success stories and highlight the benefits

I can respectfully challenge the existing specification to better understand the 'why' REFLECTION NO 75

# Asset-Based Community Development

The Asset-Based Community Development approach emphasizes building upon the strengths and assets already present within a community. By recognizing and mobilizing the gifts and skills of individuals, associations, institutions, place-based assets, and connections, community development becomes a collaborative process that leverages the existing resources. This approach shifts the focus from addressing needs and deficits to harnessing the potential of community members and their collective assets, fostering stronger social capital and promoting sustainable growth.



# **Retrain the Brain**

Neuroplasticity offers a fascinating perspective on how students can enhance their learning and cognitive abilities. As they encounter new experiences, their brains forge fresh connections between neurons, creating pathways for memory and skills. Through repetition and practice, these pathways become deeply ingrained, leading to improved proficiency in various tasks. The brain's ability to strengthen and eliminate neural connections through synaptic pruning allows students to adapt continuously to their environment. This means that students can actively shape their brain's architecture by replacing unfavorable pathways with beneficial ones. Embracing this concept empowers students to take charge of their own learning, enabling them to overcome challenges, acquire new knowledge, and develop vital skills for lifelong success.





How often are we focusing on a deficit when crafting innovative solutions?

What are some standard practices that should be considered unfavorable pathways and need to be repaved?

# Time to Reflect

How can we enhance our collaboration with industry partners to effectively address our daily challenges?



# Impact

Our chance to merge teachings, leverage strengths, and unify communities, thus forging deep and enduring transformation.



# Focus on the Purpose

Placing students' needs at the forefront is paramount in education. By prioritizing their well-being, growth, and learning, we create an environment that supports their individual development. Tailoring teaching approaches, curriculum, and learning environments to meet their diverse needs fosters inclusive and effective education that empowers each student to reach their full potential.

REFLECTION NO 79

# **Challenge Assumption**

Imagine the transformative power of rewiring our default response mode. By pausing, taking a deep breath, and challenging our assumptions before responding, we open the door to critical thinking. Simply asking, "Is that so?" challenges the validity of our assumptions and sparks the thinking process.

REFLECTION NO 80

# Stand the Test of Time

A well-designed school considers the resources necessary for its long-term maintenance. By incorporating sustainable and durable materials, efficient systems, and thoughtful maintenance plans, we can ensure the school's functionality and longevity. Understanding the ongoing maintenance requirements of the school and implementing strategies to meet them not only preserves the investment but also demonstrates a commitment to creating a sustainable and thriving educational environment for years to come. By designing with maintenance in mind, we build schools that stand the test of time and provide long-lasting educational opportunities for generations of students.



# We Can Go Further, Together

Like-minded partnerships bring together key stakeholders dedicated to enriching our education system. Collaborative decision-making is essential and should include teachers, students, families, professionals, and the broader community. These partnerships supplement school learning, promote lifelong learners, and aim to create effective strategies through research and shared expertise.

# High School Learners

The dropout rate of

5.2%

students in high school is

The crime committed by high school dropouts accounts for

# 75%

Most high schools have an average graduation rate of

87%

62%

of recent high school graduates enrolled in college.

# 61.8%

of high school students will attend university or college in the year 2022.



of the students are stressed most of the time due to the pressure of studies.





# Time to Reflect

What could happen if we rewired our brain and changed our default response mode?

What could we create if our communities came together and shared wisdom and knowledge?

What could change if we were all focused on the same goal?

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Space, Like Language

space, like language, is socially constructed; and like the syntax of language, the spatial arrangements of our buildings and communities reflect and reinforce the nature of gender, race, and class relations in society.

Leslie Kanes-Weisman





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